A HERO RETURNS

LAP | TAP BOTH HANDS ON YOUR LAP
TAP | TAP YOUR KNUCKLES ON A HARD SURFACE
CLAP | CLAP YOUR HANDS TOGETHER

Teacher Instructions: Using the legend above, practice each Body Beat Rhythm below. Next, I will play the piano piece on the following page while you repeat the Rhythm 1 Body Beat Accompaniment eight times. Let’s try again with Rhythm 2.

RHYTHM 1

\[\frac{3}{4}\] \[\frac{3}{4}\] \[\frac{3}{4}\]

RHYTHM 2

\[\frac{3}{4}\] \[\frac{3}{4}\] \[\frac{3}{4}\]
Fearlessly \( \frac{\dot{}}{\dot{}} = 152 \)

\[ \begin{array}{c}
\text{\textbf{A HERO RETURNS}}
\end{array} \]