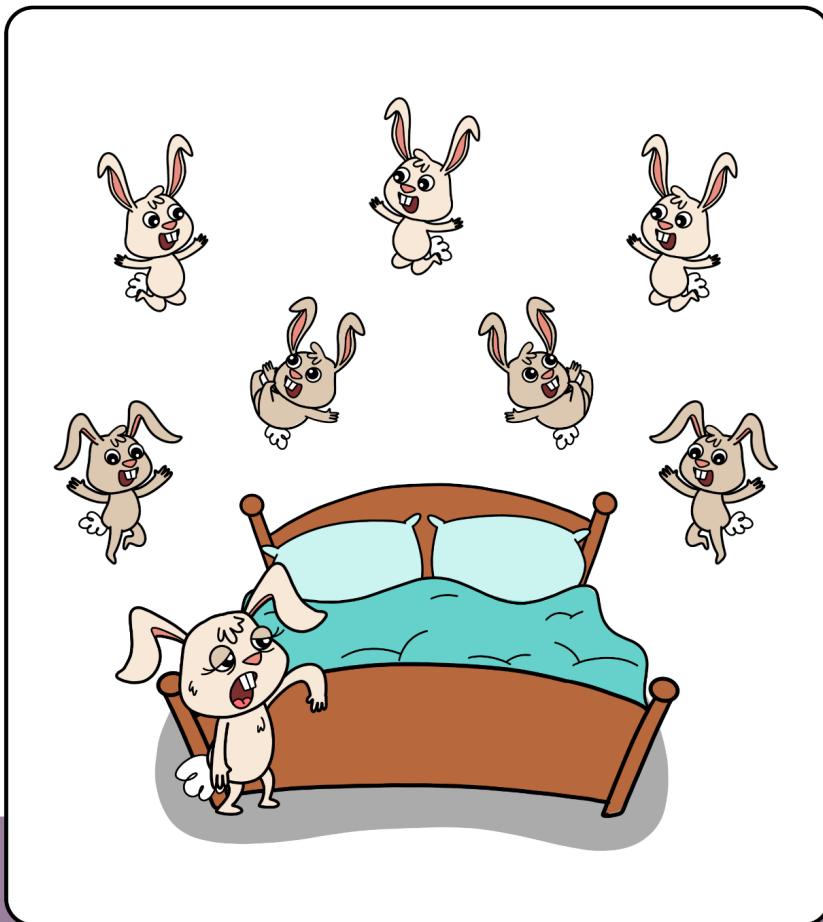


Build reach, strength, and control with a simple activity that feels more like play than practice.

FINGER STRENGTH

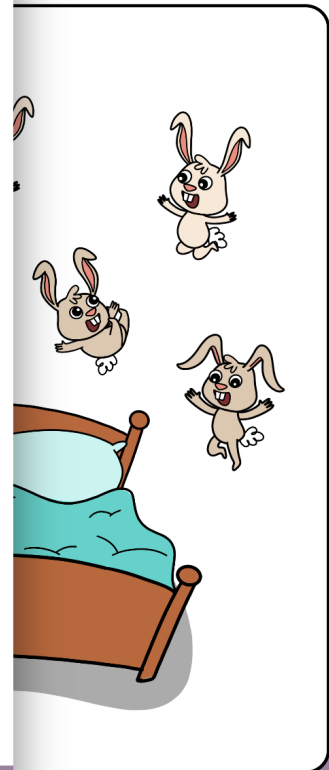
BEDTIME FOR BUNNIES

FINGER STRENGTH



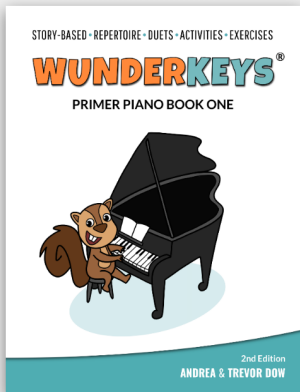
R BUNNIES

RENGTH

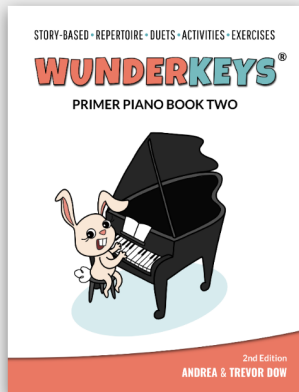


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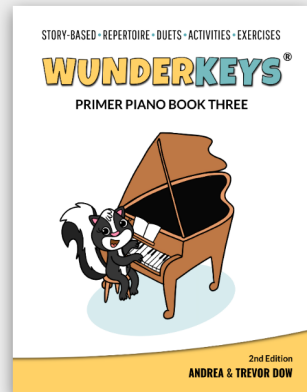
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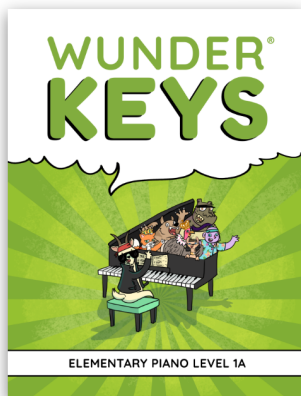
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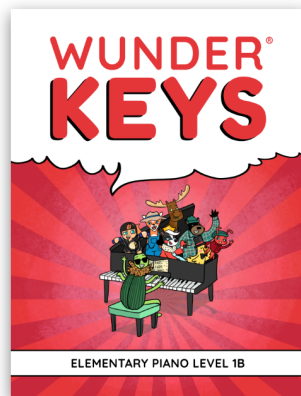
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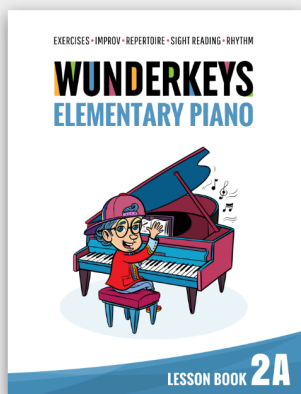
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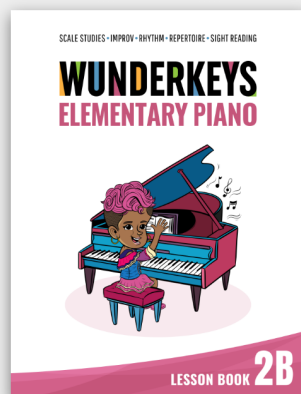
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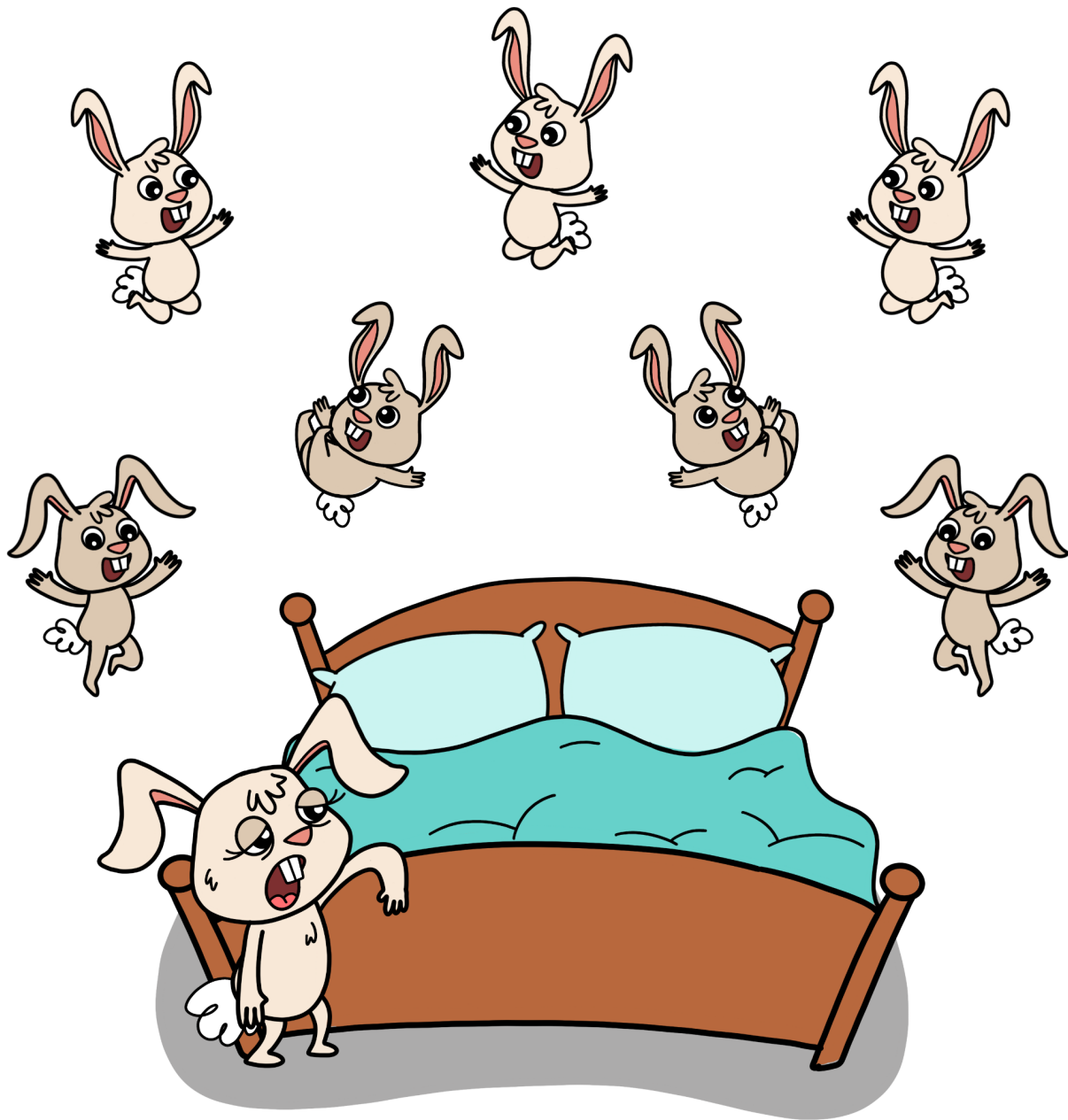
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BEDTIME FOR BUNNIES

FINGER STRENGTH



Instructions

1. To begin, place seven coins over the seven bunnies (one coin per bunny).
2. Next, ask your student to place her RH 5 on the right pillow.
3. While keeping her RH 5 fixed to the right pillow, instruct your student to use her thumb to slide each coin onto the bed. When collecting the coins, your student will have to stretch her hand to reach each coin.
4. When all of the coins have been moved to the bed, return them back to the bunnies so the next round can begin.
5. In Round 2, ask your student to place her LH 5 on the left pillow and then repeat Steps 3 and 4.
6. In future rounds, have your student repeat Steps 3 and 4 with her RH 4 and LH 4, then her RH 3 and LH 3, and finally her RH 2 and LH 2 (as hand size allows).

Note: Only the student's thumb is used to slide the coins to the bed.